Hair follicles’ transit-amplifying cells govern concurrent dermal adipocyte production through Sonic Hedgehog

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Growth and regeneration of one tissue within an organ compels accommodative changes in the surrounding tissues. However, the molecular nature and operating logic governing these concurrent changes remain poorly defined. The dermal adipose layer expands concomitantly with hair follicle downgrowth, providing a paradigm for studying coordinated changes of surrounding lineages with a regenerating tissue. Here, we discover that hair follicle transit-amplifying cells (HF-TACs) play an essential role in orchestrating dermal adipogenesis through secreting Sonic Hedgehog (SHH). Depletion of \( \text{Shh} \) from HF-TACs abrogates both dermal adipogenesis and hair follicle growth. Using cell type-specific deletion of \( \text{Smo} \), a gene required in SHH-receiving cells, we found that SHH does not act on hair follicles, adipocytes, endothelial cells, and hematopoietic cells for adipogenesis. Instead, SHH acts directly on adipocyte precursors, promoting their proliferation and their expression of a key adipogenic gene, peroxisome proliferator-activated receptor \( \gamma \) (\( \text{Pparg} \)), to induce dermal adipogenesis. Our study therefore uncovers a critical role for TACs in orchestrating the generation of both their own progeny and a neighboring lineage to achieve concomitant tissue production across lineages.

[Keywords: transit-amplifying cells; adipogenesis; interlineage communications; hair follicle regeneration; adipocyte precursors; stroma]

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Mammalian organs are functional units composed of cells from diverse lineages. Current studies often focus on how individual lineages grow and regenerate. However, mass production of one lineage can impose challenges on the organ in which it resides. The neighboring tissues must undergo concurrent and often substantial remodeling to create new space and structural and signaling support for this newly generated tissue. How coordinated changes across diverse lineages within a complex mammalian organ are orchestrated is an important question that remains to be resolved.

The skin provides an ideal model to understand how changes of the surrounding niche can occur concurrently to accommodate a rapidly growing tissue. The skin harbors a rich array of cell types, including epidermis, hair follicles, dermal fibroblasts, and adipocytes (Blanpain and Fuchs 2009; Hsu et al. 2014a; Chen et al. 2016; Shook et al. 2016; Xin et al. 2016]. Among them, hair follicles undergo cyclical rounds of growth (anagen), regression (catagen), and rest (telogen). Anagen is initiated by hair follicle stem cells in the hair germ and bulge. However, hair follicle downgrowth is driven mostly by the fast-cycling transit-amplifying cells of the hair follicle [HF-TACs], a population generated by the stem cells to produce large amounts of downstream progeny [Hsu et al. 2014b]. During catagen, HF-TACs are destroyed, and the hair follicles are remolded back to their telogen morphology.

The hair follicles are one of the most rapidly growing tissues in adults: Within 7 d, hair follicles grow from rudimentary hair germs to complex full-anagen hair follicles that are ~60 times longer [Supplemental Fig. S1A]. Rapid downgrowth of hair follicles compels the surrounding...
dermis to expand concomitantly in order to avoid hair follicles abutting against the panniculus carnosus, a layer of striated muscle underneath the dermal adipocytes (Fig. 1A). This dermal expansion is facilitated by the thickening of the dermal adipose layer during anagen, which results in a drastically thicker anagen skin compared with the telogen skin (Festa et al. 2011; Donati et al. 2014). Dermal adipocytes and adipocyte precursors influence hair cycle (Plikus et al. 2008; Festa et al. 2011; Keyes et al. 2013). In addition, dermal adipocytes secrete antimicrobial peptides to protect the skin from bacterial infection, thereby playing a role in the skin’s innate immunity (Zhang et al. 2015). Ectopic activation of β-catenin in the epithelial compartment affects several aspects of skin biology, including hair cycle, dermal fibroblasts, and adipose layer thickness (Deschene et al. 2014; Donati et al. 2014, Kretzschmar et al. 2016, Lichtenberger et al. 2016), suggesting that dermal changes are sensitive to alterations in the epithelial lineage. However, the physiologically relevant factor and the specific cell types governing the coordinated changes of dermal adipose layer and hair cycle progression remain unknown.

Here, we identify mechanisms by which hair cycles and dermal adipogenesis are coupled. We demonstrate that new dermal adipocytes begin to emerge right after HF-TAC formation in mid-anagen, continue throughout anagen, and cease at catagen after HF-TACs are destroyed. This tight association of HF-TACs and dermal adipogenesis is due to Sonic Hedgehog (SHH) secreted from HF-TACs. Through cell type-specific manipulations, we show that SHH promotes adipocyte precursor proliferation and regulates the expression of peroxisome proliferator-activated receptor γ (Pparg), a key adipogenesis gene. Our study therefore uncovers a mechanism by which dermal adipogenesis couples with hair follicle regeneration and points to an unanticipated role of TACs in orchestrating concurrent production of a neighboring tissue in addition to their own progeny.

**Figure 1.** Dermal adipogenesis commences after the formation of HF-TACs and stops upon HF-TAC destruction. (A) Schematic of the skin at distinct hair cycle stages illustrating different cell types and their relative positions. HF-TACs are formed at mid-anagen and are absent in telogen, anagen I (Ana-I), or catagen hair follicles. (B) Tamoxifen (Tam)-treated AdipoQ-CreER, Rosa26-lox membrane tdTomato-lox membrane GFP (R26-mT/mG) mice taken at different hair cycle stages. Tamoxifen treatment (three times, 3×) leads to activation of membrane GFP (mGFP) in existing adipocytes at the first telogen, which appears as membrane GFP- and Perilipin (PLIN)-double-positive (yellow). Adipocytes generated after this labeling period are Perilipin-positive but negative for membrane GFP (red). The bar graph quantifies the number of adipocytes found in each millimeter width of skin. The percentages on the bar graph denote the percentage of adipocytes generated after initial tamoxifen labeling among total adipocytes found at each hair cycle substage. (Arrowheads) Newly generated adipocytes. n = 2 mice for each stage. Data are mean ± SD. Bars, 50 µm.
Results

New dermal adipocytes begin to form at mid-anagen and cease at catagen

The full-anagen skin is substantially thicker than the telogen skin, with longer hair follicles and a thickened adipose layer. To reach this state, the dermis might undergo morphological changes at anagen onset in preparation for the expected hair follicle regeneration. Alternatively, regenerating hair follicles may actively instruct the surrounding dermis to gradually expand together. To distinguish between these possibilities, we first examined exactly when dermal thickness begins to change. Anagen can be divided into six substages (Muller-Rover et al. 2001). Prominent morphological changes occur in the hair follicles as soon as anagen begins: The hair germ proliferates and enlarges at anagen I (Ana-I), and stem cells in the bulge (Bu-SCs) are activated at Ana-II. This proliferation leads to generation of HF-TACs, also known as the matrix, at the transition from Ana-II to Ana-III (Greco et al. 2009, Hsu et al. 2014b). In contrast, we found that the dermis does not display noticeable changes until Ana-III, when the HF-TACs form. From Ana-III onward, the dermis expands proportionally to the downgrowing hair follicles. The increase in dermal thickness is mediated primarily through the expansion of the dermal adipose layer, not the fibroblastic layer (Supplemental Fig. S1B).

To determine the timing when new adipocytes start to emerge, we used a lineage-tracing strategy combining AdipoQ-CreER, an inducible Cre expressed in mature adipocytes (Jeffery et al. 2014), together with R26-mT/mG mice, which express membrane tdTomato [mT] before Cre excision and membrane GFP [mG] after Cre activation (Muzumdar et al. 2007). Since membrane tdTomato is ubiquitously expressed, we relied on Perilipin (which marks the surface of lipid droplets) staining instead of membrane tdTomato to visualize all adipocytes. AdipoQ-CreER was inactive without tamoxifen (Supplemental Fig. S2A). We tested the efficacy of AdipoQ-CreER and found that with three doses of tamoxifen at telogen, virtually all dermal adipocytes were effectively marked with membrane GFP and appeared as GFP- and Perilipin-double-positive (Fig. 1B, shown in yellow; Supplemental Fig. S2B). Adipocytes that emerged after this labeling period became GFP-negative but Perilipin-positive (Fig. 1B, shown in red). While dermal adipocytes remained as GFP- and Perilipin-double-positive before Ana-II, new adipocytes began to emerge sparsely at Ana-III (Fig. 1B, arrowheads). The number of new adipocytes increased with anagen progression (Fig. 1B, red bars). In contrast, the number of GFP-labeled adipocytes remained constant throughout anagen (Fig. 1B, yellow bars), suggesting that adipocytes from telogen do not undergo significant turnover during the subsequent anagen.

HF-TACs are present only in anagen. To determine whether dermal adipogenesis is tightly linked with HF-TACs, we followed the marked AdipoQ-CreER; R26-mT/mG skin into catagen, when HF-TACs degenerate, and the following second telogen. Adipogenesis ceased right after HF-TACs were destroyed in catagen (Fig. 1B).

Interestingly, the total number of adipocytes as well as the ratio of originally labeled adipocytes versus adipocytes generated after tamoxifen pulse remained constant at Ana-VI (the last stage of anagen), catagen, and the beginning of the second telogen. Adipocyte numbers were reduced by late second telogen (Fig. 1B). These data suggest that adipogenesis stops right after TAC destruction in catagen. Moreover, most of the adipocytes were lost during the prolonged second telogen stage rather than in catagen. A complementary lineage tracing by treating AdipoQ-CreER; R26-mT/mG mice with tamoxifen at Ana-VI and examining labeling results at Ana-VI versus the beginning of the second telogen also confirmed that few if any adipocytes were produced during catagen and telogen (Supplemental Fig. S2C). Together, these data suggest that once HF-TACs are destroyed, adipocyte production stops concomitantly.

To demonstrate unequivocally that anagen entry precedes dermal adipogenesis, we looked into dermal changes after hair depilation (plucking) (Hsu et al. 2011). Depilation allows anagen to begin at any chosen postnatal day during telogen. We first labeled all pre-existing adipocytes during the extended second telogen in AdipoQ-CreER; R26-mT/mG mice with tamoxifen followed by hair plucking. New adipocytes were consistently observed in the plucked area 6 d after plucking (Supplemental Fig. S2D, arrowhead), when the hair follicles entered Ana-III. However, no new adipocytes were found 2 d after plucking, when hair follicles were at Ana-I. Dermal adipogenesis occurred specifically underneath the depilated region. The hair follicles right next to the depilated spot remained in telogen, and adipogenesis was not observed underneath these telogen hair follicles (Supplemental Fig. S2D). Collectively, these data suggest that, instead of occurring at a defined postnatal day, dermal adipogenesis begins concomitantly with HF-TAC formation and ceases when HF-TACs are destroyed.

TAC-derived SHH is required for dermal adipogenesis

The tight coupling of HF-TAC emergence and adipogenesis raises the interesting possibility that signals derived from HF-TACs might orchestrate dermal adipogenesis. SHH is a known factor secreted by HF-TACs to promote hair follicle downgrowth and is not detected in telogen, catagen, or the beginning of anagen. SHH is also not detected in other cells of epidermal or dermal origins (Hsu et al. 2014b). The timing of Shh up-regulation in the skin makes it an attractive candidate to investigate.

To test whether TAC-derived SHH is involved in dermal adipogenesis, we knocked out Shh from hair follicles using K15-CrePGR, which is expressed in the Bu-SCs and hair germ that gives rise to HF-TACs (Ito et al. 2005). Knocking out Shh with K15-CrePGR affects the proliferation of both Bu-SCs and HF-TACs. The hair follicles can enter anagen but are arrested at Ana-II (Hsu et al. 2014b). Interestingly, the dermal adipose layer in K15-CrePGR, Shhfl/fl mice failed to expand even 7 d after...
SHH signaling is not required in the hair follicles for the expansion of the dermal adipose layer.

Our data thus far suggest that dermal adipogenesis is impaired when Shh is depleted from HF-TACs. Because dermal adipogenesis does not normally commence until mid-anagen, the lack of adipogenesis in Shh mutants might be due to the arrest of their hair follicle growth at early anagen. Alternatively, SHH may act on a specific cell type in the skin to influence dermal adipogenesis. To distinguish between these models, we investigated the requirement of Smo, an obligatory component of the SHH pathway in the signal-receiving cells, in different cell populations of the skin.

We first examined whether Smo is required in the hair follicles for adipogenesis by knocking out Smo with K15-CrePGR in telogen and followed the skin into anagen. Adult hair follicles lacking Smo can initiate anagen and grow downward despite being shorter at late anagen (Hsu et al. 2014b). The dermal adipocyte numbers were not significantly altered in K15-CrePGR; Smo−/− skin at late anagen despite significant reduction in Smo and SHH’s downstream target, Gli1, in the hair follicles (Fig. 3A–C). These data suggest that Smo activity in the hair follicle is not essential for adipogenesis. Moreover, these data rule out the possibility that SHH might elicit a secondary signal from the hair follicles to instruct dermal adipogenesis.

SHH pathway activity is not required in the mature adipocyte for dermal adipogenesis

We next examined whether SHH signaling is required by mature dermal adipocytes. For this, we turned to AdipoQ-CreER; Smo−/− mice. We induced AdipoQ-CreER at telogen and continued throughout anagen if the samples were taken at anagen to ensure that all dermal adipocytes were devoid of Smo (Fig. 3D). The knockout efficiency of Smo and reduction of Gli1 in mature adipocytes were also confirmed by RT–PCR in isolated dermal adipocytes (Fig. 3E,F). Despite efficient knockout, we observed no significant differences in adipocyte numbers in AdipoQ-CreER; Smo−/− skin in either telogen or anagen (Fig. 3D, Supplemental Fig. S3). These data suggest that SHH pathway activity is not required in mature adipocytes for dermal adipogenesis. Moreover, the SHH pathway is dispensable in mature adipocytes for maintaining adipose layer thickness.

Identification of inducible Cre lines that mark distinct subsets of dermal fibroblasts

Previous studies showed that mature adipocytes are derived from adipocyte precursors, which are a specialized subset of dermal fibroblasts that are Pdgfra+, Sca1+, CD24+, CD45−, and CD31− (Festa et al. 2011; Donati et al. 2014). To examine whether SHH signaling might be directly required by these adipocyte precursors, we first identified inducible Cre lines that are active in distinct dermal fibroblast populations. We began by...
focusing on Pdgfra-CreER (Kang et al. 2010). When induced in telogen, Pdgfra-CreER marked >70% of the adipocyte precursors and other fibroblasts (Pdgfra+, CD45−, and CD31+) but not mature adipocytes in telogen. In addition, hair follicles, endothelial cells, and immune cells were devoid of Pdgfra-CreER activity (Fig. 4A; Supplemental Fig. S4A). When the marked skin was lineage-traced into anagen, we observed a gradual increase in marked adipocytes starting from Ana-III, when HF-TACs formed. At Ana-VI, >30% of the mature adipocytes were marked [Fig. 4A; Supplemental Fig. S4B], suggesting that they are produced by Pdgfra-CreER+ cells. Importantly, the numbers of newly generated adipocytes seen in Pdgfra-CreER; R26-mTmG were similar to those observed with AdipoQ-CreER; R26-mTmG lineage tracing at each stage [Fig. 1B]. These data suggest that Pdgfra-CreER marks the majority of adipocyte precursors that produce adipocytes in anagen.

Mx1-Cre is another inducible Cre that is normally inactive until administration of synthetic dsRNA (such as polynosinic:polycytidylic acid [poly I:C]) to elevate interferon signaling. Upon poly I:C induction, Mx1-Cre is active in the bone marrow stroma (Park et al. 2012; Saez et al. 2014; Yue et al. 2016). Our analysis suggested that Mx1-Cre could also be used to target dermal cells but with interesting distinctions from Pdgfra-CreER: When Mx1-Cre; R26-Isl-YFP mice were induced in telogen, Mx1-Cre was detected in the dermal fibroblasts but not in mature adipocytes. Mx1-Cre was also detected in endothelial cells (CD31+) and immune cells (CD45+). About 20% of the adipocyte precursors were also labeled in telogen. Interestingly, when Mx1-Cre; R26-Isl-YFP mice were lineage-traced into anagen, few if any mature adipocytes were YFP+, suggesting that the subset of adipocyte precursors marked specifically by Mx1-Cre is not the main contributor of adipogenesis in anagen [Fig. 4B; Supplemental Fig. S5]. Thus, while Pdgfra-CreER marks adipocyte precursors that produce mature adipocytes in anagen, Mx1-Cre does not. This important difference provides a possibility to assess gene function in adipogenic versus nonadipogenic fibroblasts. Moreover, Mx1-Cre also provides an opportunity to study gene function in endothelial cells and cells of hematopoietic origin in the skin. Our data also indicate a hitherto unrecognized heterogeneity among the adipocyte precursors in the dermis: a subset marked by Pdgfra-CreER that gives rise to mature adipocytes in anagen and a subset marked by Mx1-Cre that does not.

SHH pathway activity is required in the adipocyte precursors for dermal adipogenesis

We next used Pdgfra-CreER and Mx1-Cre to delete Smo in distinct subsets of dermal cells. When tamoxifen was applied to the Pdgfra-CreER; Smof/−/fl mice during telogen, no significant changes in dermal adipocytes were observed in telogen or early anagen (Supplemental Fig. S6A,B). However, from Ana-III onward, Pdgfra-CreER; Smof/−/fl mice displayed a thinner dermal adipose layer composed of significantly fewer mature adipocytes. Since the dermis failed to expand concomitantly, these anagen hair follicles in Pdgfra-CreER; Smof/−/fl mice were forced to bend in order to grow within a restricted space [Fig. 5A]. In contrast, upon poly I:C induction, Mx1-Cre; Smof/−/fl mice displayed normal adipose layer thickness in both telogen and anagen [Fig. 5B; data not shown]. These results suggest that Smo activity is likely to be directly required by adipocyte precursors to promote anagen-associated dermal adipogenesis. Furthermore, since Mx1-Cre is active in the cutaneous blood vessels and immune cells, the results also suggest that Smo activity is not required in the endothelial cells and cells of hematopoietic origin for dermal adipogenesis.
controls, the anagen adipose layer was composed of YFP-negative adipocytes. In contrast, in anagen, their adipose layers were composed exclusively of YFP-positive adipocytes (Fig. 5D,E; Supplemental Fig. S6C). When the dermis, evident in the telogen skins from Pdgfra-CreER; Smofl/fl; R26-lsl-YFP animals, the YFP-positive cells were indeed Smo knockout cells with reduced Gli1 levels, as indicated by RT–PCR (Fig. 5G). Other than the lack of Smo knockout [YFP+] adipocytes, Pdgfra-CreER; Smofl/fl; R26-lsl-YFP skin and hair follicles were indistinguishable from the controls [Fig. 5E; Supplemental Fig. S6D]. Together, our data illustrate that SHH signaling is required in the adipocyte precursors autonomously. When the adipocyte precursors are devoid of Smo, they fail to respond to HF-TAC-derived SHH in anagen and do not produce mature adipocytes even when hair follicle growth is normal.

SHH pathway activity promotes adipocyte precursor proliferation in anagen

We next aimed to identify how SHH might impact adipogenesis. EdU incorporation analysis on FACS-purified adipocyte precursors indicated that, in controls, adipocyte precursor proliferation increased at mid-anagen (Ana-III) right after HF-TAC formation (Fig. 6A). Proliferation of adipocyte precursors increased significantly at anagen, suggesting that Pdgfra-CreER labels adipocyte precursors giving rise to mature adipocytes in anagen. [B] Lineage tracing with Mx1-Cre; R26-lsl-YFP to monitor Cre activity and progeny derived from Mx1-Cre’ cells. Polynucleotides: polycytidylic acid (poly I:C) was given to Mx1-Cre; R26-lsl-YFP mice at telogen. First, biopsy samples were taken at telogen after poly I:C injections, and another skin sample was taken at the end of anagen. The schemes summarize the induction scheme and lineage-tracing results. Note that the number of labeled adipocytes increases significantly at anagen, suggesting that Pdgfra-CreER labels adipocyte precursors indicating that, in controls, adipocyte proliferation was impaired to anagen (Ana-IV) right after HF-TAC formation (Fig. 6A). Proliferation of adipocyte precursors increased significantly at anagen, suggesting that Pdgfra-CreER labels adipocyte precursors giving rise to mature adipocytes in anagen, and Smo knockout adipocyte precursors cannot make mature adipocytes. As such, the adipocytes in the following anagen would all be YFP-negative. In contrast, if Smo is required autonomously in the adipocyte precursors, we expect that YFP-positive adipocyte precursors cannot make mature adipocytes. Therefore, the adipocytes in the following anagen would be YFP-positive in anagen (Fig. 5C). Reducing the tamoxifen dose led to fewer YFP+ cells in the dermis, evident in the telogen skins from Pdgfra-CreER; Smofl/fl; R26-lsl-YFP and Pdgfra-CreER; R26-lsl-YFP controls [Fig. 5D,E; Supplemental Fig. S6C]. When the Pdgfra-CreER; Smofl/fl; R26-lsl-YFP animals entered anagen, their adipose layers were composed exclusively of YFP-negative adipocytes. In contrast, in Pdgfra-CreER; R26-lsl-YFP controls, the anagen adipose layer was composed of both YFP-positive and YFP-negative adipocytes [Fig. 5E,F]. Importantly, in Pdgfra-CreER; Smofl/fl; R26-lsl-YFP animals, the YFP-positive cells were indeed Smo knockout cells with reduced Gli1 levels, as indicated by RT–PCR (Fig. 5G). Other than the lack of Smo knockout [YFP+] adipocytes, Pdgfra-CreER; Smofl/fl; R26-lsl-YFP skin and hair follicles were indistinguishable from the controls [Fig. 5E; Supplemental Fig. S6D]. Together, our data illustrate that SHH signaling is required in the adipocyte precursors autonomously. When the adipocyte precursors are devoid of Smo, they fail to respond to HF-TAC-derived SHH in anagen and do not produce mature adipocytes even when hair follicle growth is normal.

SHH pathway activity promotes adipocyte precursor proliferation in anagen

We next aimed to identify how SHH might impact adipogenesis. EdU incorporation analysis on FACS-purified adipocyte precursors indicated that, in controls, adipocyte precursor proliferation increased at mid-anagen (Ana-III to Ana-IV) right after HF-TAC formation (Fig. 6A). Proliferation of adipocyte precursors was significantly impaired when Smo was knocked out with Pdgfra-CreER or when...
Shh was depleted from HF-TACs (Fig. 6A,B). Moreover, when low-dosage tamoxifen was given to Pdgfra-CreER; Smofl/fl; R26-lsl-YFP animals to conduct mosaic analysis, the Smo knockout adipocyte precursors displayed proliferation deficits compared with the controls (Fig. 6C). These data suggest that SHH signaling is required to promote adipocyte precursor proliferation.

We next investigated the molecular changes in Shh- or Smo-deficient skin. SHH is known to regulate proliferation through regulating cell cycle genes, including D- and E-type cyclins (Kenney and Rowitch 2000; Duman-Scheel et al. 2002). RT–PCR analysis indicated that known SHH targets Gli1 and Patched-1 [Ptc1] as well as cell cycle genes Cyclin D1 [Ccnd1], Cyclin D2 [Ccnd2], Cyclin E1 [Ccne1], Cyclin E2 [Ccne2], E2f1, and E2f2 were all significantly down-regulated in adipocyte precursors FACS-purified from K15-CrePGR; Shhfl/fl or Pdgfra-CreER; Smofl/fl mice. In addition, Pparg, a master regulator of adipogenesis [Tontonoz and Spiegelman 2008], was also down-regulated in the adipocyte precursors devoid of SHH signaling (Fig. 6D,E). Of note, Gli1, Ptc1, Ccnd1, Ccnd2, and Pparg were all up-regulated in the adipocyte precursors FACS-purified from mid-anagen skin compared with those purified from telogen, consistent with the notion that SHH signaling is up-regulated when skin transitions from telogen to mid-anagen (Supplemental Fig. S7). Collectively, our data suggest that SHH secreted from HF-TACs promotes dermal adipogenesis by promoting dermal adipocyte precursor proliferation and regulating Pparg.

**Overexpression of SHH leads to further expansion of skin thickness**

Our data and previous work together support an intriguing model in which HF-TACs perform two critical
functions concurrently through SHH: (1) promoting hair follicle downgrowth and Bu-SC self-renewal [Hsu et al. 2014b] and (2) signaling to the surrounding dermis to promote adipogenesis. If this model is correct, overexpression of SHH should lead to further expansion of skin thickness by promoting hair follicle downgrowth and dermal adipogenesis concomitantly. To test this, we used in utero injection to introduce lentiviruses containing pTRE-Shh into the skin epithelium of Rosa-rTA mice (Beronja et al. 2010). This approach allowed SHH to be expressed throughout the transduced epidermis and hair follicles upon doxycycline treatment. When Shh was induced to express at telogen, the hair follicles entered anagen immediately due to SHH’s known role in promoting Bu-SCs activation [Hsu et al. 2014b]. Interestingly, after 8 d, the thickness of Shh-overexpressing skin was drastically thickened and nearly doubled compared with Ana-VI control skin. Shh-overexpressing skin contained significantly more adipocytes, and the hair follicle length was also extended [Fig. 6F]. RT–PCR of FACS-purified dermal populations suggested that Gli1 and Ptc1 were up-regulated in the adipocyte precursors and dermal papilla but not other cell types, suggesting that these two populations were more responsive to SHH than other dermal cells [Supplemental Fig. S8A–D]. Interestingly, Pparg was significantly up-regulated in only the adipocyte precursors and not other dermal populations [Fig. 6G]. Moreover, expression levels of Ccnd1 and E2f were also up-regulated in adipocyte precursors when Shh was overexpressed, suggesting that these adipocyte precursors became more proliferative [Supplemental Fig. S8E]. These data further underscore the important role of SHH in modulating the regenerating tissue and restructuring the surrounding dermal environment in a coordinated fashion.
To assess SHH’s potency in initiating adipogenesis, we further evaluated the consequences when SHH is forced to express in catagen, a stage in which SHH-expressing HF-TACs are normally destroyed. To that end, we induced SHH expression after Rosa-rTA; pTRE-Shh mice entered catagen. Overexpression of SHH in catagen led to significantly more adipocyte production in catagen, as revealed by increased adipocyte numbers as well as increased adipocyte precursor proliferation [Fig. 6H; Supplemental Fig. S8F]. However, hair follicle destruction was not significantly perturbed. Together, these data suggest that expression of SHH at the stage when HF-TACs are destroyed is sufficient to reinitiate adipogenesis, underscoring SHH’s role in driving dermal adipogenesis.

Hair follicle-derived SHH is critical for adipocyte formation in the embryonic dermis

Last, we aimed to determine whether SHH is also essential for adipocyte formation in development or is required only for adipogenesis during the adult hair cycle. In the embryonic skin, adipocytes form de novo from dermal fibroblasts [Driskell et al. 2013]. Hair follicles evaginate from the epidermis in three waves, and the majority of hair follicles form during the second [embryonic day 16.5 [E16.5]] and the third [E18.5] waves [Fig. 7A]. SHH expression appears at the leading edge of the developing placode and germ and is subsequently confined to the TACs of the peg stage hair follicles [Supplemental Fig. S9A; Woo et al. 2012; Ouspenskaia et al. 2016]. We found that dermal adipocytes first appeared around E17.5 but only sparsely. Newly emerged adipocytes often clustered around the guard hairs [Supplemental Fig. S9B]. Dermal adipocytes became more prominent at birth, which led to the formation of the adipocyte-rich hypodermis [Fig. 7A]. Therefore, the timing of SHH expression coincides with adipocyte emergence in the developing skin, mirroring what we observed in the adult. In addition, overexpression of SHH in embryonic skin also led to more adipocyte production [Supplemental Fig. S9C] despite the fact that hair follicle development became abnormal [Oro et al. 1997; Ellis et al. 2003; Youssef et al. 2012].

We next knocked out Shh from the developing hair follicles using K14-Cre, which is expressed in the epidermal progenitors that give rise to all hair follicles. Consistent with previous findings [St-Jacques et al. 1998; Chiang et al. 1999], when Shh was depleted, the hair follicles were specified but failed to downgrow. Interestingly, we noticed a drastic reduction in the number of adipocytes in K14-Cre; Shh/fl/fl skin, suggesting that SHH is also essential for de novo formation of adipocytes in the developing dermis. The abrogated adipogenesis is not due to impaired hair follicle downgrowth or secondary signals elicited by SHH in the epidermal compartment, since K14-Cre; Smo/fl/fl skin has severely retarded hair growth similar to Shh knockout [Gritli-Linde et al. 2007] but normal adipocyte formation at birth [Fig. 7B].

We next determined whether SHH pathway activity is required in dermal fibroblasts for adipocyte formation.
For this, we used Pdgfra-Cre [Roesch et al. 2008] to deplete Smo. Our analysis suggested that Pdgfra-Cre activity is active in the embryonic dermis as early as E12.5 [data not shown]. In Pdgfra-Cre, R26-mT/mG mice, dermal fibroblast-derived cells, including papillary dermis, reticular dermis, and dermal adipocytes, are all positive for GFP by postnatal day 0 (P0). Pdgfra-Cre is not active in blood vessels, immune cells, the epidermis, or hair follicles [Supplemental Fig. S9D]. Pdgfra-Cre; Smofl/fl skin displayed profound defects in adipogenesis and efficient depletion of Smo and Gli1 in the dermis [Fig. 7C]. Nevertheless, hair follicle growth was not altered as severely in the Pdgfra-Cre; Smofl/fl skin as in K14-Cre; Shhfli/fl or K14-Cre; Smo fl/fl skin. Proliferation was decreased in the embryonic lower dermal layer (which gives rise to the adipocytes) [Driskell et al. 2013] when either Shh was depleted from the embryonic hair follicles or Smo was knocked out from the dermis [Supplemental Fig. S9E]. Apoptosis in the dermis was not altered [Supplemental Fig. S9F]. Collectively, our data demonstrate that, similar to the adult stage, dermal adipocyte formation also requires active SHH signaling.

Discussion

The development and maintenance of a fully functional organ rely on coordinated behaviors of different lineages. We are only beginning to discover the principles behind these synchronized actions among tissues. Coordination between two lineages can occur at the stem cell level, where two different types of adult stem cells located in a shared niche communicate with each other. For example, in the bulge, hair follicle stem cells influence melanocyte stem cells [Nishimura et al. 2010; Rabbani et al. 2011; Chang et al. 2013]. Examples in which somatic stem cells induce changes in their neighboring cells have also been reported. For instance, in zebrafish, hematopoietic stem cells [HSCs] trigger the endothelial cells to wrap around them [Tamplin et al. 2015]. In mice, HSCs delay vascular regeneration but promote blood vessel integrity in the bone marrow after irradiation [Zhou et al. 2015]. These intriguing communications are likely tailored to the special needs of different stem cells.

One common challenge among all regenerating tissues is that their rapid growth often requires concurrent changes in the surrounding cell types for structural or nutritional support. However, stem cells are often not the major contributor to tissue production. In many tissues, including hair follicles, hematopoietic lineages, intestines, corneal epithelium, teeth, nerve systems, and certain cancers, stem cells proliferate sparingly to generate TACs as a transitional population [Díaz-Flores et al. 2006; Zhou et al. 2006; Li et al. 2012; Hoggatt et al. 2013; Hsu et al. 2014b; Ritsma et al. 2014]. In sharp contrast to their relatively quiescent stem cell counterparts, TACs divide rapidly and generate large numbers of downstream progeny that form the bulk of the new tissue. In this sense, TACs are at an ideal juncture to orchestrate changes to the surrounding tissues that are tailored tightly to the needs of an actively regenerating tissue.

Here, we found that HF-TACs are an essential cell type that couples hair follicle growth with dermal expansion. This coordination allows the skin to make the changes necessary to accommodate the rapidly downgrowing hair follicles. Our findings here uncover the molecular nature, signaling source, and signal-receiving cells that are critical for this coupling event, resolving the long-standing question of how hair follicle growth and dermal adipose layer expansion can be tightly linked [Supplemental Fig. S10]. The ability of TACs to mediate concurrent changes of surrounding tissues is likely a shared principle among many different systems due to TACs’ common functions in producing large amounts of downstream progeny.

Both the anti-adipogenic and proadipogenic functions of the SHH pathway have been proposed: Cell culture studies show that SHH activation inhibits adipocyte differentiation while blocking the pathway-stimulated adipogenesis [Spinella-Jaegle et al. 2001; Suh et al. 2006; James et al. 2010; Fleury et al. 2016]. HH pathways inhibit fat formation in Drosophila, and a conserved function has been suggested for certain white adipose tissues in mammals [Suh et al. 2006; Pospisilik et al. 2010]. In contrast, elevated SHH levels in medulloblastoma lead to pronounced adipocyte generation, and the resulting tumors are filled with adipocytes [Bhatia et al. 2011]. These studies suggest that SHH signaling can have a context-dependent function in adipogenesis depending on cell types, tissues, and culturing conditions. The dermal adipogenesis described here is a highly regulated process that occurs with a precise and predictable timing, which might have interesting differences from pathologically related adipogenesis or adipogenesis in culture. This context-dependent nature further underscores the importance of using cell type-specific manipulation such as that used here to study adipogenesis in a tissue-specific manner.

Mesenchymal cells, also referred to as the stroma, constitute the supportive structure for essentially all organs [Mendez-Ferrer et al. 2010; Rinkevich et al. 2015; Yue et al. 2016]. Adipocytes are common components in the stroma and have emerged as important players within the stem cell niches in multiple organs. For example, in skin, dermal adipocytes and adipocyte precursors influence hair cycle progression [Plikus et al. 2008; Festa et al. 2011; Keyes et al. 2013]. In addition, dermal adipocytes secrete antimicrobial peptides to protect the skin from bacterial infection [Zhang et al. 2015]. In bone marrow, adipocyte numbers correlate inversely with hematopoiesis [Naveiras et al. 2009; Omatsu et al. 2014]. In skeletal muscle, a group of Pdgfa+ fibro/adipogenic progenitors (FAPs) is activated upon injury and can enhance satellite cell proliferation [Joe et al. 2010; Uezumi et al. 2010]. It is worth noting that adipocytes are much larger and can change shape and size more readily than other cell types. These unique features make them ideal “fillers” in adult mammalian organs, which are often relatively constrained in their overall size. Growth or degeneration of one lineage is often compensated for by altering the numbers of adipocytes residing in the stroma of the same organ. While systemic factors such as leptin
have been shown to influence adipocytes in the bone marrow (Yue et al. 2016), the local signals that control these dynamic changes in adipocytes within different mesenchymes remain largely unknown. It will be interesting to determine whether hematopoiesis, muscle repair, or other tissue regeneration processes also impact adipogenesis in the underlying stroma and to what extent the function of SHH in adipogenesis that we uncovered here is conserved.

In the past, TACs have been viewed as a passive transit population whose sole role is to produce tissues. Recent studies have begun to reveal the diverse functions of TACs, including feedback regulation to the stem cells (Hsu et al. 2014b). Our study further reveals an essential function of TACs in niche remodeling that is conducive to tissue regeneration, suggesting that TACs of one lineage can coordinate tissue production of a neighboring lineage. Given that TACs are found in many mammalian tissues and play an integral role in tissue regeneration, elucidating TACs’ biology and function will continue to be critical for understanding and harnessing the full power of this multifaceted population.

Materials and methods

Mice and constructs

K15-CrePGR (Ito et al. 2005), K14-Cre (Dassule et al. 2000), Smo/i/l (Long et al. 2001), Shhfl/l (Lewis et al. 2001), R26-Isl-YFP (Srinivas et al. 2001), R26-rTA (Hochenedel et al. 2005), R26-mTmG (Muzumdar et al. 2007), Pdgfra-Cre (Roesch et al. 2008), Pdgfra-CreER (Kang et al. 2010), and AdipoQ-CreER (Jeffery et al. 2014) were described previously and were obtained from The Jackson Laboratory. Mx1-Cre was obtained from Dr. David Scadden’s laboratory (Harvard University). The Shh-over-expressing lentiviral construct (LV-TRE-Shh-PGK-H2BGFP) was a gift of Dr. Elaine Fuchs and was described previously (Hsu et al. 2014b). K15-CrePGR was activated by topical application of RU486 [4% in ethanol]. Pdgfra-CreER and AdipoQ-CreER were induced by intraperitoneal (i.p.) injection with 20 mg/mL tamoxifen for the amount of time indicated for each experiment. EdU (25 mg/g) was injected for either 2 h in pregnant mice (i.p.) or newborn pups (subcutaneous) or 4 h in adult mice (i.p.) before lethal administration of CO2. Rosa-tTA was activated by feeding mice with 200 mg/kg doxycycline chow or 300 µL of 10 mg/mL gavage. Ultrasound-guided lentiviral injection procedures were performed as described previously (Berona et al. 2010). All animals were maintained in an Association for Assessment and Accreditation of Laboratory Animal Care-approved animal facility at Harvard University, and procedures were performed with Institutional Animal Care and Use Committee-approved protocols.

Hair cycle

Hair cycle was determined as described previously (Muller-Rover et al. 2001). Since hair cycles vary among strains and sexes, stages instead of exact mouse ages were carefully evaluated for each experiment. The depilation experiment presented in Supplemental Figure 2D was performed during the second telogen, while the rest of the adult animals were analyzed at their synchronized first adult hair cycle. Mice of matched sex were analyzed. Cre, CreER alone, rTA alone, or flox allele alone littermates were used as controls and subjected to the same treatment as the knockout animals. Although only sex-matched littermates were used for comparison, all phenotypes were observed in both males and females. For animals used for FACS, skin biopsies from the same animals were also taken for histology analysis to determine the hair cycle substages.

FACS

Mouse back skin from E17.5 embryos, P0 pups, or adults was dissected and treated with collagenase in HBSS for 20–30 min at 37°C on an orbital shaker. The dermal fraction was collected by surgical knife scraping followed by centrifugation at 300g for 10 min. Dermal single-cell suspensions were obtained after 0.25% Trypsin treatment for 10–20 min at 37°C followed by filtering and centrifugation. Samples were stained for 30 min on ice. The following antibodies were used for cell sorting: Pdgfra-biotin [1:250, ebiosciences], CD45-PE-Cy7 [1:250, ebiosciences], CD31-PE-Cy7 [1:200, ebiosciences], Sca1-PerCP-Cy5.5 [1:1000, ebiosciences], Dilk-FTTC [1:250, MBL international], CD24-FTTC [1:250, ebiosciences], CD24-PE [1:250, ebiosciences], and Strepavidin-APC [1:500, ebiosciences]. DAPI was used to exclude dead cells. Cells were FACS-sorted by BD-Aria sorters, and the data were analyzed by Flowjo.

Histology and immunohistochemistry

Prefixed [4% in PFA] OCT-embedded embryos or skin samples were sectioned at the desired thickness (10–40 µm). Immunohistochemistry was performed on sectioned slides by primary antibody incubation overnight at 4°C followed by secondary antibody staining for 1–4 h at room temperature. The following antibodies and dilutions were used: active-Caspase-3 [rabbit; 1:600; Cell Signaling Technology], GFP [rabbit; 1:400; Abcam], Pdgfra [goat; 1:200; R&D], Dilk [goat; 1:200; R&D], Perilipin [goat; 1:800; Abcam], CD31 [rat; 1:100; ebiosciences], and CD45 [rat; 1:100; ebiosciences]. The secondary antibodies used were donkey anti-goat, rabbit, or rat conjugated with Alexa 488, 549, or 647 (goat; 1:100; eBioscience), CD31 (rat; 1:100; ebiosciences), and CD45 (rat; 1:100; ebiosciences). The secondary antibodies were used donkey anti-goat, rabbit, or rat conjugated with Alexa 488, 549, or 647 (goat; 1:100; Jackson Immunoresearch), respectively. EdU Click-It reaction was performed for 1 h at room temperature according to the manufacturer’s instructions (Life Technologies). Samples were mounted in Prolong Gold with DAPI (Life Technologies).

Quantitative real-time PCR

FACS-isolated populations or adipocytes (centrifuge at 300g for 5 min, the adipocytes were floating at the top) were lysed in Trizol LS [Thermo Fisher Scientific]. RNAs were extracted using either Direct-Zol minipreparation or micropreparation kit [Zymo Research] according to the manufacturer’s protocols. Purified total RNAs were quantified by a Nanodrop [Thermo Fisher Scientific] and stored at –80°C for further analysis. The cDNA library was synthesized and prepared by SuperScript III reverse transcriptase with Oligo-dT according to the manufacturer’s manual [Thermo Fisher Scientific]. Quantitative PCR was performed by Power SYBR Green PCR master mix with the primers annealed to the genes of interest, and the C value was normalized using β-actin or Ppib2 primers.

Confocal and epifluorescence microscope image processing

Images were obtained with a Keyence epifluorescence microscope (Keyence America, BX-700) with a 10x or 20x objective with represented Z-plane-stacked images or with Zeiss LSM 510, 700, or 880 laser-scanning microscopes with a 20x air objective or a 40x oil-based objective [Carl Zeiss Microimaging].
Statistical analyses

Statistical significance between two groups in the figures was noted by asterisks ($P < 0.05 \ast$, $P < 0.01 \ast\ast$, $P < 0.001 \ast\ast\ast$, and $P < 0.0001 \ast\ast\ast\ast$). The data are presented as mean ± SD, and statistical analysis was performed using unpaired two-tailed Student’s $t$-test. Analyses of multiple groups were performed using one-way ANOVA.

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